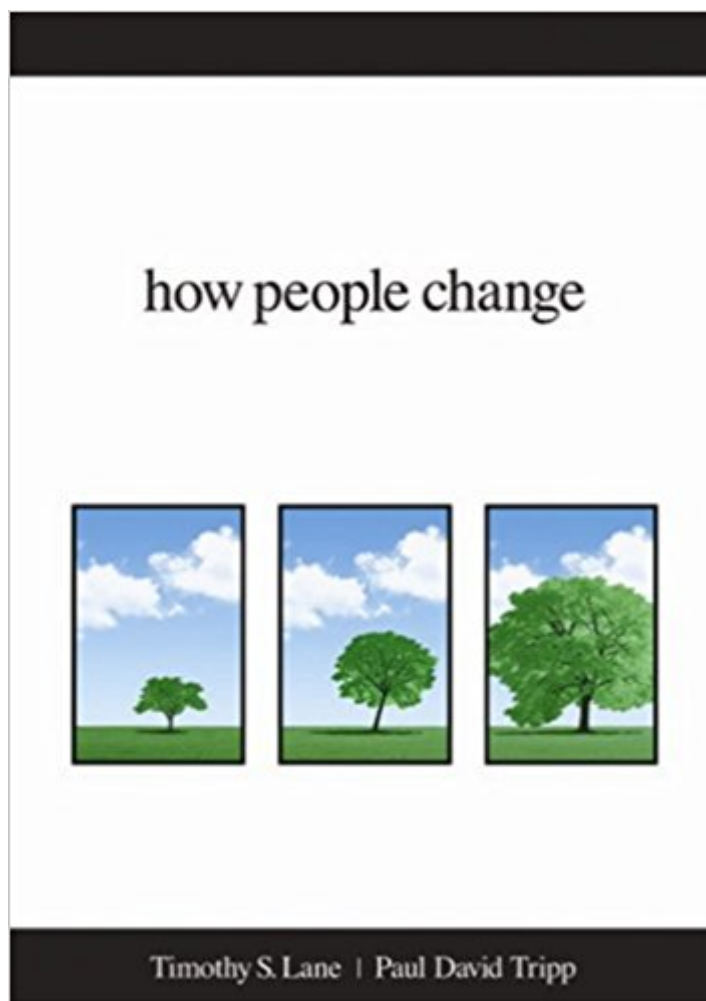


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# How People Change



## Synopsis

What does it take for lasting change to take root in your life? If you've ever tried, failed, and wondered why, you need *How People Change*. This book explains the biblical pattern for change in a clear, practical way you can apply to the challenges of daily life. But change involves more than a biblical formula: you will see how God is at work to make you the person you were created to be. That powerful, loving, redemptive relationship is at the heart of all positive change you experience.

## Book Information

Paperback: 230 pages

Publisher: New Growth Press; Second Edition edition (May 22, 2008)

Language: English

ISBN-10: 1934885533

ISBN-13: 978-1934885536

Product Dimensions: 6.2 x 0.6 x 8.6 inches

Shipping Weight: 13.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 292 customer reviews

Best Sellers Rank: #19,299 in Books (See Top 100 in Books) #110 in [Books > Textbooks > Humanities > Religious Studies](#) #154 in [Books > Christian Books & Bibles > Christian Living > Personal Growth](#) #2967 in [Books > Religion & Spirituality](#)

## Customer Reviews

Change does not happen overnight for the Christian. It's a lifelong journey. Paul Tripp and Tim Lane masterfully guide us along the biblical path that points us to the cross and a lifestyle of faith and repentance. I recommend this book to all Christians who desire to grow in their relationship with God. --Tremper Longman III, Robert H. Gundry Professor of Biblical Studies, Westmont College. It's encouraging to know that, in God's hands, the winds of adversity that batter our lives are also agents of fruitful change in us. Paul Tripp and Tim Lane have done us all a favor by leading us down that path of change and teaching us how to embrace God's transforming work in our hearts.

--Carolyn Custis James, author of *When Life and Beliefs Collide* This book is applied theology. It's about heat, thorns, the cross, and fruit. It's about present grace. In sixteen short and well-illustrated chapters, the wonderful prospect of change for the good is held out for the reader. We are called to consider our circumstances and our responses to them, and beneath that to examine our hearts desires and to turn afresh to Christ's cross. --Mark Dever, Pastor, Capitol Hill Baptist Church, Washington, D.C. This book is applied theology. It's about heat, thorns, the cross, and fruit. It's about

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Timothy S. Lane, M. Div., D. Min. is the President of the Institute for Pastoral Care ([instituteforpastoralcare.com](http://instituteforpastoralcare.com)), and Paul David Tripp, M. Div., D. Min. is the President of Paul Tripp Ministries. They are both counselors, speakers and teachers in various seminaries. They both served as faculty members at the Christian Counseling & Educational Foundation in Glenside, Pa. and lecturers in practical theology at Westminster Theological Seminary. Both men were pastors; Tim in Clemson, S.C. and Paul in Scranton, Pa. Tim and his wife, Barbara, are the parents of two daughters and two sons. Paul and his wife, Luella, are the parents of three sons and a daughter. Paul is the author of *Age of Opportunity*; *War of Words*; *Instruments in the Redeemer's Hands*; and *Lost in the Middle*. Both men write extensively on biblical counseling and lead church-based counseling training courses using the Transformation Series that they co-authored.

A polemic that encourages readers to honesty and broadly apply biblical texts to their lives. Nothing new here and I found that the book drags on. This book also seems to stress that if you know your Bible well enough, are strong enough, believe enough and keep on trying enough then your problems will be dealt with. I did not find this a bad book, just a bit reductionist.

NOTE: this is a workbook to go along with a DVD session--not the actual book!! This was my fault because I just didn't look long enough/more carefully, but don't want other folks to make the same mistake.

*How People Change* has the potential to change any Christian's life. Lane and Tripp point out that change is a process and needs to be done in a community of believers. At the core of their message is the gospel and the person of Christ. Change is possible with a firm understanding of the gospel and the willingness to be shape and pruned by the Holy Spirit.

When I first read the title I thought it was going to be about a couple of tips to how to change. This book goes beyond what I thought; it's a super deep book. This book content will change your life forever. Persevere in reading it all, before you have an opinion about it.

Timothy Lane does not disappoint in this wonderful resource for the Christian who's desiring to know if change is really possible in their life. This comprehensive study on the process of sanctification in the life of a believer, is not only easy to understand and relatable, it is transformative. I have now gone through the book several times, but find the accompanying study guide to be a "must have" if you want to maximize the impact of this material. I learned invaluable scriptural principles, and the material fundamentally changed my view of how God changes our lives into ones that glorify Him, as we are transformed into the image of Christ. It taught me that the gospel isn't just for the unbeliever, but it is for, and must impact the life of the Christian, on a daily basis. I highly recommend this book and the accompanying workbook. It's good for individual or small group study. Our church used it in an Adult Education hour and that was not effective. If done in a group, you need about a two hour time frame together for it to be most effective. I don't know if a tiger can change it's stripes, but I do know from personal experience that people can, and do, changed as God transforms them.

Excellent book with a very powerful and strong focus on true gospel change. This is a book that has changed and will continue to change my life and the life of my church as well! I highly recommend this book for ministers and counselors alike!

Phenomenal Christ-Center, Grace Focused Book, which is filled with much Scripture that is interpreted and applied to the day to day life of a Christian. Praise be to God, for His grace in uniting us with Christ. His grace towards us and our union with Him is the only reason why sanctification is possible.

This brings a refreshing look at the walk of a believer. It uses well applied principles related to real life struggles. Many of the trials mentioned applied to my circumstances but reminded me my value is found in who I am "in Christ." Whether you to are building your walk with the Lord or need to rejuvenate your faith this book is a winner!

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